

WHAT ARE YOUR RIGHTS?

When you are housed in an intensive supervision unit, you have the right to contact your parents or other family members, as well as your social worker and your lawyer, at any time. However, the judge or executive director of the youth centre may prohibit you from contacting certain people they consider harmful for you.

If you or your parents disagree with the decision to place you in an intensive supervision unit, you can contest the decision in court, which will deal with your case as a priority.

If you or your parents are not satisfied with the youth centre's services, you can:

- ask for help from the youth centre's users' committee. This committee is made up of young people and parents who use the centre, and they can help and advise you;
- file a complaint with the youth centre's local complaints and service quality commissioner;
- file a request with the Québec Ombudsman if the answer you receive from the local complaints and service quality commissioner does not satisfy you.

CONTACT INFORMATION FOR YOUR LOCAL YOUTH CENTRE



COMMISSION DES DROITS DE LA PERSONNE ET DES DROITS DE LA JEUNESSE

360, rue Saint-Jacques, 2nd floor
Montréal, Québec H2Y 1P5
Telephone, Montréal region: 514 873-5146
Telephone, elsewhere in Québec: 1 800 361-6477
Fax: 514 873-6032
E-mail: plaintes@cdpdj.qc.ca

QUÉBEC OMBUDSMAN

500, boul. René-Lévesque Ouest, suite 6.400
Montréal, Québec H2Z 1W7
Telephone, Montréal region: 514 873-2032
Telephone, Québec City region: 418 643-2688
Telephone, elsewhere in Québec: 1 800 463-5070
E-mail address: protecteur@protecteurducitoyen.qc.ca

LEGAL AID

To find your nearest Legal Aid office, visit the website of the Commission des services juridiques at the following address:
www.csj.qc.ca



**YOU ARE PLACED IN AN
INTENSIVE SUPERVISION UNIT
AT A YOUTH CENTRE**

What happens next?



Les centres jeunesse
du Québec

Santé
et Services sociaux
Québec



Québec



WHAT IS AN INTENSIVE SUPERVISION UNIT?

An intensive supervision unit (*unité d'encadrement intensif*) is a living unit housing up to 12 young people in a youth centre. Unlike other types of living units, its doors are kept locked.

WHO IS IT FOR?

You can be housed in an intensive supervision unit if you are placed in a youth centre by court order and:

- you are 14 or older;
- you are younger than 14 and the director of youth protection (DYP) authorizes it.

If you have not been placed in a youth centre by court order, you can be housed in an intensive supervision unit under exceptional circumstances and for no more than two days.

WHY HAVE YOU BEEN PLACED IN THIS UNIT?

You have been placed in this unit because you have behaved in a way that threatens your safety or that of others (for example, running away and becoming involved in situations that threaten your safety, such as drug or alcohol abuse; violent acts or behaviour; or similar actions).

WHO CAN DECIDE TO PLACE YOU IN AN INTENSIVE SUPERVISION UNIT?

After studying your situation and, if possible, discussing it with you and your parents, your youth care worker and social worker make the recommendation to place you in this type of unit. It is then up to the youth centre's executive director or his or her representative to make the decision to place you in the intensive supervision unit.

Placement in an intensive supervision unit cannot be used to punish or isolate you.

However, when you are in an intensive supervision unit, as in any other unit of the youth centre:

- if you do not respect the rules of the unit, you can be subject to a disciplinary measure such as losing a privilege;
- if you put your safety or that of others at risk, you can be isolated temporarily to keep you from hurting yourself or others, and remain isolated for as long as you remain dangerous to yourself or others.

At all times, you or your parents can call on the Commission des droits de la personne et des droits de la jeunesse if you feel your rights are not being respected.

WHAT WILL HAPPEN DURING YOUR STAY?

Throughout your stay in the intensive supervision unit, a youth care worker will be assigned to you personally to accompany you in your progress. The team of youth care workers will also provide you with the help and support you need. You can also continue your studies and you will have access to activities and services offered only within the youth centre. Finally, you may be allowed to go on excursions outside the centre, under constant supervision by an adult (youth care worker, parent, teacher, or other).

WHEN CAN YOU LEAVE THE INTENSIVE SUPERVISION UNIT, AND WHAT WILL HAPPEN THEN?

Your situation will be evaluated each month, or sooner if your behaviour improves. Depending on the evaluation results, you may:

- be allowed to leave the intensive supervision unit and return to your living unit or be transferred to a different living unit that better meets your needs;
- remain in the unit if your progress is found to be insufficient.

The decision whether to end your stay in the intensive supervision unit is taken by the executive director of the youth centre or his or her representative.